



# The Grange Primary School

## PE Overview 21-22

	FS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Autumn 1</b>	Awareness	Gymnastics	Gymnastics	Dance	Dance	Swimming (13th Sept - 10th Nov- last year catch up) **	Gymnastics
<b>Autumn 2</b>	Awareness	Dance	Dance	Gymnastics	Gymnastics		Dance
<b>Spring 1</b>	Gymnastics	Hockey	Trolley Hockey	Attack and Defend	Hockey	Trolley Hockey	Hockey
<b>Spring 2</b>	Parachute	Agility, balance and coordination(ABC)	Attack and Defend	Tag Rugby	Netball	Football	Netball
<b>Summer 1</b>	Agility, balance and coordination(ABC)	Athletics Running, relay, curling, jumping skills, throwing skills.	Athletics Running, javelin, relay and curling.	Athletics Running, relay, javelin and long jump.	Swimming (18th May - 14th July)	Athletics Running, relay, javelin, long jump.	Athletics Running, relay, javelin, shotput and discus ,hurdles.
<b>Summer 2</b>	Sending and receiving	Sending and receiving	Cricket	Rounders		Rounders	Cricket

\*OAA (Y3&Y5), Paralympics (Y4 &Y6), teamwork skills, catch-up skills and extra KS1 units to be taught throughout the year, where appropriate for each year group. See long term plans for each year group.

\*\* Y5 to use a mixture of dance and gymnastics units when swimming has finished.

Premier Sport

Swimming - North Lincs Council lessons

Class Teacher