



Inspiring Family Solutions

Community Interest Company

Your Mind Matters

Mental Health Support Group.

Casual Health and wellbeing Meet. To cook a healthy meal on a budget. Feel safe to talk and share experiences.

Thursdays 12-2.30pm.

Donation for session to cover cost of resources for the food.

Willoughby Road, Riddings. Scunthorpe. DN17 2NN.

inspiringfamilysolutions@outlook.com

For your place please Contact: 07450189374

New safety guidelines in place because of the Covid 19

All proceeds from the pottery café go towards delivering family support in the Scunthorpe area.

Please come along and support your local community.

