

Growing up and keeping safe ~ a "Whole School Approach"

Children want their parents to be the first people to talk to them about growing up and relationships. Yet many parents tell us they lack the confidence to answer their children's questions adequately

School is here to help; we are engaging the support of the specialist organisation BigTalk Education. They have been involved in delivering age appropriate sex and relationship education for over 20 years and work with 4 ~ 18 year olds, they also deliver training for Professionals and Workshops for Parents & Carers

Below is the Programme that will be delivered to the Children by BigTalk Education it reflects the **Ofsted & Sex Education Forum recommendations**. Along with BigTalk Education, it is our belief that every child deserves to be kept safe through knowledge and understanding. Here is an outline of what will be covered:

Age 3 Nursery

At this age children are taught in the differences between boys and girls, naming body parts, what areas of the body are private and should not be touched (unless the child is happy and gives consent).

Ages 4~8 (Reception ~ School Years 1, 2 & 3)

The differences between boys and girls, naming body parts, what areas of the body are private and should not be touched (unless the child gives consent). Also covered are situations which may be risky (e.g. other children or adults taking inappropriate photographs of them) and who they can talk to if they are worried

Ages 8~9 (School Year 4)

We cover different kinds of families, the emotional and physical changes of growing up, similarities and differences between boys and girls, coping with strong emotions (puberty) and how babies are made from ovums and sperm, then develop in the womb (reproduction). Looking after our bodies and how to be safe and healthy are also discussed

Ages 9-11 (School Years 5 & 6)

Reproduction and puberty is covered and the children are given the opportunity to ask questions. They will often want more details on conception, how babies develop and are born. Sometimes they ask how people can get infections from sex and how they can be prevented or there may be curiosity about feelings or body image, each group is different. Again it is important they know there is someone in school as well as at home if they want help, advice or information about puberty, reproduction etc. (Information at this stage is vital to protect them as they move onto Senior School

All the resources BigTalk Education use are age appropriate and help keep children protected from unwanted touches, abuse, exploitation and inappropriate images etc. Research now shows that children receiving this type of education are three times more likely to speak out if they touched inappropriately etc (www.bbc.co.uk/news/education-32321204)

Please come along to the Parent Information Session on Monday 25th January at 6pm at The Junior Site on Cornwall Road when Lynnette Smith from Bigtalk Education can cover in greater detail what is included and the vital role Parents/Carers can play in keeping their children safe both now and into their teenage years. There will also be an opportunity to ask any questions as a group or individually

The book that accompanies this Programme "Bodies, Babies and Bellybuttons" will be available to purchase at the meeting at the discounted price of £8 (20% reduction on the usual on-line price of £9.99)

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Please return this section if you would like to attend the meeting for Parent/Carers on 25th January 2016 6pm at The Junior Site. My Name.....
Name(s) of child(ren)Year Group(s)

